



**Florence Rideout  
Elementary School**  
**Lyndeborough Central School**



**MAY**

Fruits and Veggies are served daily.  
We offer 100% Juice and 1% milk and Fat Free flavored milk.

For more information please contact  
Kristie LaPlante 603-732-9174  
FRES/LCS Site Coord Tammy Smith 603-732-9283  
WLC Site Coordinator Melodie Jones 603-732-9344  
<https://www.mymealtime.com/>

**BREAKFAST MENU**

Menu subject to change due to product availability

Breakfast Prices Student \$1.80  
Reduced: FREE  
Milk or Juice alone \$.50  
Adult Breakfast: \$2.00

**Monday**

1

HOT OPTION  
Breakfast Bread  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

**Tuesday**

2

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

**Wednesday**

3

HOT OPTION  
Donut  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

**Thursday**

4

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

**Friday**

5

HOT OPTION  
Bagel With  
Cream Cheese  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

8

HOT OPTION  
Breakfast Bread  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

9

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

10

HOT OPTION  
Donut  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

11

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

12

HOT OPTION  
Bagel With  
Cream Cheese  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

15

HOT OPTION  
Breakfast Bread  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

16

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

17

HOT OPTION  
Donut  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

18

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

19

HOT OPTION  
Bagel With  
Cream Cheese  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

22

HOT OPTION  
Breakfast Bread  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

23

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

24

HOT OPTION  
Donut  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

25

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

26

NO SCHOOL  
Teacher Workshop Day

29

Memorial Day  
No school

30

HOT OPTION  
Egg & Cheese Croissant  
WG  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk

31

HOT OPTION  
Donut  
SERVED DAILY  
Fruit Parfait  
Oatmeal  
Cereal  
Juice  
Milk



Check your account balance or  
make deposits at

<https://www.mymealtime.com/>

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